

RAD-IT

Responding to Adolescent Depression through Integration and Telemedicine

The RAD-IT program aims to integrate behavioral health (BH) assessments into primary care, and help clinicians utilize telemedicine to increase BH care access, improving outcomes for rural Michigan adolescents.

Why Participate?

Implementing the RAD-IT initiative will provide timely and effective treatment for those both most at risk for mental health issues and most likely to face significant barriers to accessing treatment services.

Benefits of Participating:

- A **dedicated practice facilitator** to help you integrate depression screening, treatment, and telehealth services into your practice
- **Access to the Remote Care for Kids telehealth network:** over 100 BH professionals available to support you and your patients
- **HIPAA-compliant telehealth equipment** and a 3-year subscription to Cisco Webex (valued at ~\$5,000). You may use the equipment for all of your patients and **it is yours to keep upon completion**
- 20-50 **FREE** Continuing Medical Education (CME) and Maintenance of Certification (MOC) credits

For more information or to enroll, visit altarum.org/RAD-IT or contact:

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Did You Know? The COVID-19 pandemic has increased depression among adolescents. But you can help!

Altarum is a nonprofit with expertise in public health and health care delivery. Along with our partners, the Upper Midwest Telehealth Resource Center and the Michigan Center for Rural Health, we will train primary care clinicians, over a 9-month period, to:

- 1) provide universal screening for adolescent depression using the PHQ-A,
- 2) enact follow-up protocols and monitoring, and
- 3) establish telehealth services linking vulnerable youth to providers who specialize in adolescent mental health.

Eligible Practices Must:

- be located in a HRSA designated rural and/or Health Professional Shortage Area (HPSA)
- have a reliable Internet connection (at least 5 megabits/second)
- not yet be conducting universal depression screening using the PHQ-A with their adolescent patients, and
- have and be actively using an EHR.

What is Required?

- Complete three, one-hour training sessions scheduled at your convenience
- Review four short, case-based podcasts
- Work with our practice facilitator to submit quarterly performance data

All RAD-IT resources are accessible from a single portal, which includes training materials and workflow guides, data collection tools, and a robust resource library.





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FREE CME & MOC Credit Opportunity

Altarum is offering a unique opportunity for clinicians to earn 20-25 Maintenance of Certification (MOC) Part IV credits and 30-50 Continuing Medical Education (CME) credits. These credits will be offered to the following participants:

ABMS Certified Physicians:

Part IV MOC Activity Completion, e.g., Boards of:

- Family Medicine
- Internal Medicine
- Pediatrics

Allopathic (MD) Physician

CME: 30 AMA PRA Category 1 Credits™
(Performance Improvement)

Osteopathic (DO) Physician

CME: 30 AOA Category 2-B Credits

Nurse Practitioner

CME: 30 AMA PRA Category 1 Credits™
(Performance Improvement)

Physician Assistant

MOC: 50 AAPA Performance Improvement CME
Credits (30 for project + 20 NCCPA Bonus)

Target Audience: This course is designed for pediatricians, primary care clinicians, nurse practitioners, physician assistants, and allied health professionals providing care for adolescents who may present with depression-related symptoms.

Training and cycles of performance assessment and improvement will help participants:

- Implement universal depression screening among adolescent patients
- Use the PHQ-A screening results to create an evidence-based treatment and follow-up plan for adolescents with depression
- Effectively communicate about depression with parents and teens
- Understand how to use telehealth in your practice to obtain specialized behavioral health treatment for teens

For more information or to enroll:

1-855-4-Altarum (1-855-425-8278)

CE@Altarum.org

ALTARUM is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

Altarum designates this PI CME activity for a maximum of 30 AMA PRA Category 1 Credit(s)™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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